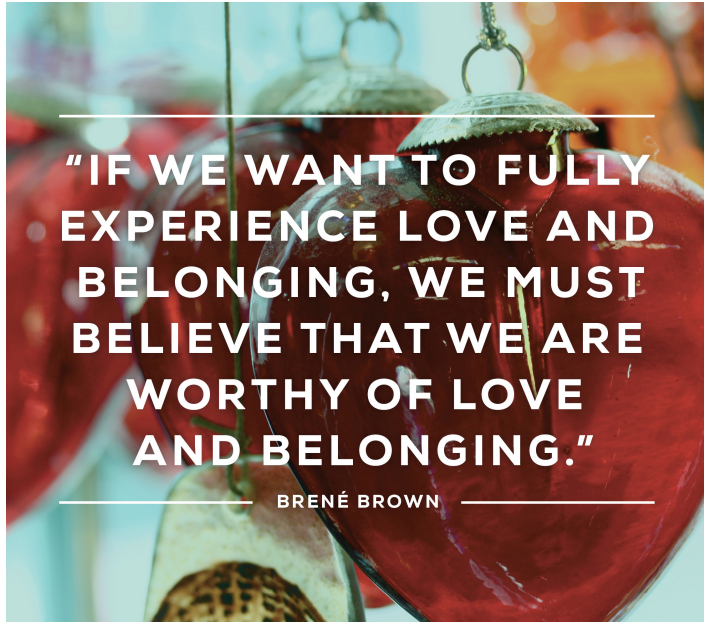


# THE DARING WAY™

SHOW UP | BE SEEN | LIVE BRAVE™



based on the research of Brené Brown



## Daring Way Weekend!

led by

Jennifer Olkowski, LPC, CSAC, CDWF-C

1/19/2018 - 1/21/2018

at

**Esprit Counseling and Consulting**

40 Jewelers Park Dr., Suite 200

Neenah, WI 54956

price

**\$375** This includes workbook, materials  
for class and lunch on Saturday and Sunday

Friday, Jan. 19th (5pm-9pm), Saturday, Jan. 20th (9am-5pm) and  
Sunday, Jan 21st (9am-2pm)

### LEARNING OBJECTIVES:

*Clarify and practice your values*  
*Understand trust and cultivate Marble Jar friendships*  
*Create and hold boundaries in relationships*  
*Respond mindfully to shame triggers*  
*Practice empathy and compassion on a deeper level*  
*Know and step into the arena of where you want to*  
*SHOW UP. BE SEEN. LIVE BRAVE.™*

The Daring Way™ Curriculum is based on the research of Bréne Brown, a PhD social work researcher from Houston, TX and the author of several books including, [Braving the Wilderness](#), [Rising Strong](#), [Daring Greatly](#), and [The Gifts of Imperfection](#).

for more information:

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